



Week of September 26, 2011 Principal's Message



Beth Wolk
Principal

Hello Prestwood Families,
What an enjoyable time I had at the **first Prestwood Carnival**. It was so much fun to see all of you having fun together as a community. Thank you to **Jana Fiorito, Vanessa Rognlein**, and everyone who helped to make it a success.

As a parent, I remember the school events and volunteer time with fondness, and I have made most of my closest friends through my children. We have now gone from school events to attending our children's weddings and baby showers. The time goes by so quickly, make sure to cherish every moment.

Warmly,

Beth Wolk

Tips for Helping Your Child be Successful in School

The teachers and I are often asked how you can help with your child's education. Here are some simple tips for you.

- Read to your child every night. As your child gets older, take turns reading a page. Play a game in asking questions about the story.
- Please make sure that your child gets to school on time. The beginning of the day is crucial.
- Make sure that your child understands and completes homework. Stay in contact with your child's teacher.
- Please read everything your child brings home from school in the weekly folder.

Be involved in school consider...volunteering in the classroom, helping out with various committees, and joining the PTO or ELAC. In elementary school children love to see their parents participating, plus you find out what is "going on."

Be sure to "LIKE" our Prestwood School Sonoma Facebook site for information



FROM THE OFFICE

Please DO NOT drop off your child(ren) alone at school before 8am. There is no one to watch them and it is important to keep them safe. Thank you!

FROM THE HEALTH OFFICE



the health office needs supplies. Band aids, tissues, hand sanitizers, sanitizing wipes, and extra clothes (mostly shirts and pants/skirts) for boys and girls, kindergarten thru second grade.

Please and thank you



Calendar at a Glance

SEPTEMBER

September 30, Friday, Staff Development Day, **NO SCHOOL**

OCTOBER

October 3, Monday, PTO Meeting, 6:30pm in School Library

October 5, Wednesday, **WALK AND ROLL TO SCHOOL**

October 24-28, M-F, Parent Conferences, school ends at 12:55pm

October 31, Halloween Parade and activities in classrooms

NOVEMBER

November 7, Monday, PTO Meeting, 6:30pm in School Library

November 10, Thursday, Staff Development, **NO SCHOOL**

November 11, Friday, Veteran's Day, **NO SCHOOL**

Dear Parents,

Here is the latest news about the solar project coming to Prestwood. Please read this carefully.



What: Two Sets of Solar Energy panels set to act as a shade structure over part of the play area.

When: Start date- Sept 23, 2011
End date- October 28, 2011

Where: On the grass next to the playground where the fence is presently

Safety is our focus!

I have asked that trucks not be driven to the construction site when children are on the playground.

- Trucks are not permitted to arrive during pick-up or drop-off
- The trucks will always be led by a construction person walking in front
- Holes will be driven after school
- Equipment will be brought in along the path of the back parking lot in room 40, 41, and 42

How you can help

Much of the loud construction (drilling, concrete pouring) will be done after school. If you choose to stay on the playground after school, **your children must be supervised at all times.**

No bike or skateboard riding on the playground after school.

Questions? Please call or e-mail me at 935-6030, bwolk@sonomavly.k12.ca.us

Call or e-mail Justin Frese, Deputy Superintendent-935-4249, jfrese@sonomavly.k12.ca.us

Thank you in advance for your patience and flexibility. Our students have the chance to see an energy saving, 21st Century project in action!

DELAYED UNTIL FURTHER NOTICE



Vanessa Rognlien
PTO President

PTO PERIMETER

Dear Families and Friends of Prestwood;
Prestwood is fortunate to have dedicated, creative, and hardworking parents and staff willing to donate time and resources to improve the school experience of all our children. Thank you!

The **Fall Carnival** was a big hit! Jump houses, slides, and cotton candy - a kid's dream. It was wonderful to see lots of new faces there too. Kids and parents alike were very excited to bring home a delicious cake from the Cake Walk. Thanks to **Lisa Paulson** and **Amee Scott** for putting it together. **Ms. T** gets the bravery award for getting in the dunk tank first. What a good sport! A huge THANK YOU to **Jana Fiorito** for spearheading the whole thing.

The Son/Special person football day was wonderful. The boys and their special someone enjoyed a beautiful barbeque cooked by some wonderful Prestwood dads, fun games and to top it off ice cream sundaes. Then we all headed to the field to root for our Sonoma Dragons. It was a great time and wonderful memories were created. Thank you to **Amee Scott** -it was very fun!

Thank you to all who volunteered to help with the 2 events. Without your involvement there would be no events. Your participation is appreciated!

Please donate to Prestwood Direct. We need your funds to pay for instructional aides in every classroom, the computer lab instructor, the art program, teacher supplies, computer lab equipment and updates, library updates, playground equipment and more. NO JOKE! The PTO pays for all these amazing resources at Prestwood and without your support they will disappear like they have at other schools. Please donate what you can. Skip the lattes for a month, have a garage sale and donate the proceeds, ask your extended family to contribute \$10 to your child's education and make a donation as a family. IT ALL GOES DIRECTLY TO YOUR CHILD- EVERY CHILD BENEFITS! Your donation is **100% tax deductible**. Your donation will be accepted gratefully all through October. Thank you!

THE amazing **Sarah Cess** at the cross walk every day greets you and your children with a big smile. PLEASE remind your friends, family and neighbors to **drive slowly and use caution when driving by school**. Almost every day, a parent or other driver gets too close to the cross walk because they are not paying attention. We all need to work to create a safe environment for our families. Please pass this on.



Resolve to get involved!

Best, Vanessa Rognlien



KIDS IN DANGER:

A Plea from a concerned parent

"The biggest risk to the Students at Prestwood Elementary is Parents in a rush or distracted by the cell phones during drop off and pick up. Please leave home a little earlier, SLOW DOWN, watch for the crossing-guards and the children, put your phone away, and stay out of the teacher's parking lots. This will make all of the children safer, and your mornings go better."



UPDATE FROM THE PRESTWOOD DIRECT COMMITTEE

Thank you to those who have donated to this year's fundraiser.

NO DONATION IS TOO SMALL

... or too large.

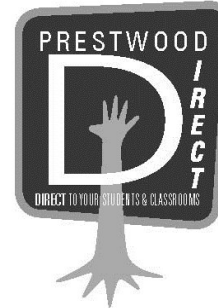
This is the biggest fundraiser all year and we really need your involvement.

To date, we only have 12% participation. Our goal is 100% participation no matter how much you can give.

THIS MONEY GOES TOWARDS INSTRUCTIONAL AIDE TIME and other classroom supplies and activities

PLEASE CONSIDER DONATING TODAY OR COMMIT TO A CONTRIBUTION FOR PAYMENT OVER THE NEXT FEW MONTHS.

The money that we raise by September 30th, goes towards our current commitment to keep our current Aides. If we don't have enough money to keep our Aides, we lose them. Thank you



A Note From the Editor

Thanks to all of you that signed the "yellow forms" sent out by the PTO for Directory info and so much more.

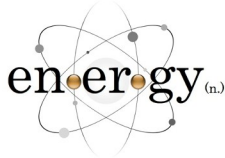
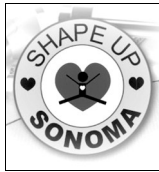
For those of you that **agreed to receive the bulletin by email, I will attempt to have that list compiled and completed for the NEXT bulletin distribution.**

Thank you for helping us to save money in printing and for your patience.



Pictured in the Sonoma Sun

Prestwood School fifth graders Sydney Boldt and Isabella Albano are excited about the potential to earn a Mary's bambino pizza gift certificate. At the beginning of each school year Mary's Pizza Shack donates some 50,000 gift certificates to elementary schools throughout the North Bay. The schools in turn use the certificates as scholastic achievement incentives for everything from reading rewards, perfect attendance awards and more. The girls are pictured here with Prestwood Principal Beth Walk.



Announcing a very special offer from energy fitness studio!

For every 50 Box Tops for Education you bring in to the studio at 450 First Street East, Suite J, you will receive a FREE FITNESS CLASS compliments of Renee Wiggs!

Offer is valid through the end of the school year!

WALK & ROLL

International Walk & Roll to School day is Wednesday, October 5th!

Families: help Kick off our Safe Routes to School year and celebrate walking or bicycling to school! There will be smiles, fun and prizes for children who walk or roll to school.

Top Tips to Stay Safe While WALKING to School:

1. Crossing the Street: Always use crosswalks when crosswalks are available. Make eye contact with the driver when crossing. Never cross between parked cars!
2. Sidewalks: Use the sidewalk to be safe. If there is no sidewalk, walk facing traffic so you can see what's coming.
3. Driveways: People backing their cars out of driveways do not always see you. When cars are backing up, their tail lights are white. Always stop and check for cars backing out before walking through a driveway.
4. Parking Lot Safety: Parking lots have a lot of traffic coming from multiple directions. Walk, don't run. Stay close to an adult. If you see a car backing up (notice those white tail lights), Freeze! Do not walk behind a car that is backing up. It is best to never walk BEHIND cars, only in front of them, where the driver can see you.

Top Tips to Stay Safe While BIKING to School:

1. Wear your Helmet! A helmet is the most important piece of safety equipment. Adults should model wearing a helmet for their children.
2. Obey traffic Laws & Signs: Stop for all stop signs and red lights. Treat a yellow light like a stop sign when you are on a bike. Always yield to cars and pedestrians crossing the street.
3. Sidewalk riding: kids under the age of 10 may be safer riding on the sidewalk. Remember to watch for cars coming out of driveways and walk your bike across the street.
4. Ride Right: Ride on the right side of the road, going with the flow of traffic. Do not weave in and out of parked cars and be sure to watch for people opening doors!
5. Stay Alert: Watch for hazards on the roads like broken glass and potholes. Listen for sirens and approaching cars. Never wear headphones while riding!!!

AND... look out for bicycle safety classes coming to 3rd, 4th, and 5th grade classrooms at Prestwood this year! Keep your eyes peeled for information on "The Golden Sneaker Award" Challenge coming up after our first Walk & Roll.... It's going to be AWESOME

What's "Growing On" in the Prestwood Garden?

Contributed by Michelle Rulmont

Since school has started we have had so much "growing" on in the school garden. The garden recently received a huge donation of fresh compost from **Mike McGrane** (1st grade parent) of the **Dirt Farmer**. He has been such a huge asset to the garden helping to fix the water system, donating a new hose and donating an entire crew to weed whack the garden before school started. Thanks so much Mike!

We have also had so many wonderful volunteers in the garden this past month and I wanted to say a giant thank you to **Mrs. Foshay's 5th grade class** and **Bella Martin** (from Ms. Pipkin's class) also from parents **Amy Lawrence, Theresa Rhodes, Kathy Ervin-Lauchland, Marilyn Munk, Lisa Bell, Elaine Sullivan, Rachel Downen, Lisa Volet, Paula Vega** and **Sandie Nalezny**- we couldn't do it without you!

We have also done lots of weeding, mulching and planted some fall vegetable seeds-carrots, sugar snap peas, beets, onions and lettuce and will be continuing to sow more seeds next week. The garden is always in need of new plants (strawberries, fall vegetables and herbs) and could really use another hose or two (we currently only have 1 for the whole garden!) and a few extra trugs to carry dirt and mulch in. If you have anything extra lying around your house, the garden would appreciate it and would be well used! Or if you would like to help in the garden, please let me know! My email is michellerulmont@yahoo.com and will be happy to meet you there! Happy Gardening!

After School Action classes

....are in full swing. If you have not already paid your instructor, please do so as soon as possible.

We appreciate your cooperation.

-The ASA team.



Mensaje de la directora

La pase muy bien en el primer Carnaval de Prestwood. Fue muy divertido ver a todos divirtiéndose juntos como una comunidad. Gracias a Jana Fiorito, Vanessa Rognlein, y todos los que ayudaron a hacer de este evento todo un éxito.

Como madre de familia, yo recordé los eventos escolares y el tiempo de voluntario con mucho afecto, y la mayoría de mis amigos más cercanos los he hecho por medio de mis niños. Ahora hemos pasado de los eventos escolares a las bodas y fiestas de celebración a los bebés de nuestros hijos. El tiempo pasa tan rápido, asegúrense de disfrutar cada momento.

Atentamente,
Beth Wolk

Consejos para ayudar a su hijo a tener éxito en la escuela

Con frecuencia nos preguntan a los maestros y a mí como pueden ayudar en la educación de sus hijos. Estos son algunos consejos simples para ustedes.

Lean a su hijo todas las noches. Cuando su hijo vaya creciendo, tomen turnos para leer una página. Jueguen un juego de hacer preguntas acerca de la historia.

Por favor asegúrense de que su hijo llega a tiempo a la escuela. El principio del día es algo crucial.

Asegúrense de que su hijo entiende y completa la tarea. Permanezca en contacto con el maestro de su hijo.

Por favor lea todo lo que trae su hijo a casa de la escuela en el fólder semanal.

Participe activamente en la escuela, considere...ser voluntario en el salón de clases, ayudar con varios comités, y ser parte de la PTO o ELAC. En la escuela primaria a los niños les encanta ver que sus padres participan, además de que usted se da cuenta de lo que está "sucediendo."

PTO perímetro

Traducido por traducciones de Microsoft



queridos familiares y amigos de Prestwood,

Prestwood es afortunados han dedicado, creativo y trabajadora padres y personal dispuesto a donar tiempo y recursos para mejorar la experiencia de la escuela de todos nuestros niños. ¡Gracias! El Carnaval de caída fue un gran éxito! Casas de salto, diapositivas y algodón de azúcar - sueño de un niño. Fue maravilloso ver a muchas caras nuevas hay demasiado. Niños y padres por igual fueron muy emocionados hacer un delicioso pastel de la caminata en la tarta. Gracias a Lisa Paulson y Ameer Scott para poner juntos. La Sra. T obtiene el Premio valentía para obtener en el tanque de dunk primera. Qué buen deporte! Un enorme gracias a Jana Fiorito para encabezar todo esto. La jornada de fútbol de persona hijo especial fue maravillosa. Los chicos y su especial alguien disfrutaron de una hermosa parrilla cocinado por algunos papás Prestwood maravillosos, juegos divertidos y para colmo helado sundaes. Luego todos se dirigió al campo a raíz de nuestros dragones de Sonoma. Fue un gran momento y memori maravilloso.

Por favor done a Prestwood directa. Necesitamos los fondos para pagar Asesores educativos en cada aula, el instructor de laboratorio de equipo, el programa de arte, profesor de suministros, equipo de laboratorio y actualizaciones, actualizaciones de biblioteca, juegos infantiles y más. NO ES BROMA! El INPI paga todos estos recursos increíbles en Prestwood y sin su apoyo desaparecerán como tienen en otras escuelas. Por favor done todo lo posible. Omitir la lattes durante un mes, tiene una venta de garaje y donar las ganancias, pedir a su familia a contribuir \$10 a la educación de su hijo y hacer una donación como una familia. SE BENEFICIA TODO VA DIRECTAMENTE A SU HIJO-CADA NIÑO! Tu donación es deducible de impuestos 100%. Tu donación será aceptado con gratitud a través de octubre. ¡Gracias!



Estimados padres de familia,

Estas son las últimas noticias acerca del proyecto solar que se va a realizar en Prestwood. Por favor lea esto cuidadosamente.

Qué: Dos juegos de paneles de energía solar que van a servir como una estructura para proveer sombra al parte del área para jugar.

Cuándo: Fecha en que va a comenzar - 23 de septiembre
Fecha en que va a terminar - 28 de octubre, 2012

Dónde: en el campo deportivo junto al área de juegos donde se encuentra la cerca actualmente.

- La seguridad es nuestro enfoque
- He pedido que no se manejen camiones de construcción cuando los niños estén en el área de juegos
- No se permite que lleguen los camiones durante la hora de entrada o de salida
- Los camiones siempre van a ser dirigidos por una persona de construcción caminando frente a estos
- Los hoyos serán hechos después de las clases
- El equipo será traído a lo largo del camino del estacionamiento posterior en frente del Aula 40, 41 y 42

Cómo puede ayudar usted

Mucha parte de la construcción con ruidosa (perforación, vaciar concreto) se hará después de clases. Si desea quedarse en el área de juegos después de clases, **sus hijos deben estar supervisión todo el tiempo.**

No anden en bicicleta ni en las patinetas en el área de juegos después de clases

¿Preguntas?

Por favor llámeme al 935-6030, o puede enviarme un email a bwolk@sonomavly.k12.ca.us. llame a Justin Frese, Superintendente Auxiliar, al 935-4249, o envíe un email a jfrese@sonomavly.k12.ca.us.

Gracias de antemano por su paciencia y flexibilidad. Nuestros estudiantes tienen la oportunidad de ver la realización de un proyecto del siglo 21 para ahorrar energía.

RETASADO HASTA NUEVO ANISO

Favor de no mandar su hijo/hija a la escuela antes de las ocho de la mañana. No hay quin les cuide.
Gracias